

# INFORMATION FOR TEACHERS

## CAVITY FREE AZ SEALANT PROGRAM

### ➔ Before students get dental sealants:

- This program is FREE, no charge to the school or the parents
- Send home the consent form and parent fact sheet. These forms come stapled together.
- Collect the completed consent forms and return to school nurse/health office.
- Forms may be collected right up to the day we come to your school. A date will be scheduled after the first 25 consent forms have been returned (from all classes).
- All children with consent forms will receive a Smile bag after their screening.

Show your class a video on Sealants. Go to: [cavityfreeaz.org](http://cavityfreeaz.org) then click on the red link **“Watch the Cavity Free AZ videos!”** and select the video on the right pertaining to your grade.

The image is a screenshot of a YouTube video player. The video title is "Dental Sealants for 2nd grade" by the Arizona Department of Health Services (ADHS). The video shows two young children sitting at a table with fruit, looking at a menu board. The video has 637 views and a subscribe button with 1.7K subscribers. On the right side of the player, there is a playlist titled "Cavity Free AZ" with three videos: "What are Dental Sealants?", "Dental Sealants for 2nd grade", and "Dental Sealants for 6th grade".

This fun, 2 minute video shows kids what to expect, so they won't feel nervous about getting sealants.

Consider these curriculum ideas related to kids' oral health:

- **American Dental Association** - Downloadable puzzles, games and coloring pages  
<https://www.mouthhealthy.org/en/resources/activity-sheets>
- **Healthy Teeth** - Features simple activities & experiments and easy to understand text. For grades 3-6.  
[www.healthyteeth.org/index.html](http://www.healthyteeth.org/index.html)

### ➔ What happens when the dental team arrives?

- The dental team brings in portable equipment & sets up in a location chosen by your school
- **Screening:** The children who returned consent forms will come into the screening area. It takes a couple of minutes to screen each child.
- **Sealants:** The dental team will call your room and ask for students to come to sealant area. When the treatment is done, that child will return to class & send another child to the treatment area. The treatment takes about 15-20 minutes.